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## PHYSICAL EDUCATION AT THE UNIVERSITY OF MINING AND GEOLOGY IN THE TREND OF FUNDAMENTAL EDUCATIONAL REFORMATION

### Abstract

This paper outlines the compulsory role of physical education within the national education system and its contribution to the ultimate goal of comprehensive development. Physical education serves as a foundational pillar in improving people's intellectual standards, training high-quality human resources, and fostering talents to meet the rigorous demands of building and defending the socialist nation.

### Keywords:

educational innovation, innovation trend, physical education, sports.

### 1. Introduction

The school-based physical education (PE) task plays a vitally important role in the cause of comprehensive educational reformation in the country, aiming to cultivate a new generation of Vietnamese citizens who are fully developed in terms of morality, intellect, physical stature, and aesthetics. Physical education within schools is defined as an essential component in enhancing health and physical fitness, fostering quality, morality, and willpower, as well as shaping students' personalities. This contributes directly to fulfilling the demands of national industrialization and modernization, ensuring that the youth are "highly developed in intellect, physically robust, pure in morality, and rich in spirit."

Recognizing these values, school physical education has always received profound attention from the Party, the State, all levels of authorities, and the entire society. In particular, over the past years, the Ministry of Education and Training and the sports sector have maintained close collaboration in comprehensive orientation and management, driving strong advancements in school-based physical education. Consequently, the practical execution of physical education in modern institutions urgently demands a contingent of physical instructors who possess high professional qualifications, profound expertise, and a solid foundation in pedagogical methods to successfully adapt to contemporary social requirements.

### 2. Main content

#### 2.1 Ho Chi Minh's Perspectives on Physical Training

##### 2.1.1 Historical Context and Legal Milestones

Shortly after the Declaration of Independence that established the Democratic Republic of Vietnam, on January 30, 1946, President Ho Chi Minh signed Decree No. 14 to institute the Central Department of Physical Education under the Ministry of Youth. This decree mandated the department to collaborate with the Ministry of Health and the Ministry of National Education to research methods and implement physical education nationwide. Following this event, the first Physical Education School was established in Hanoi, marking the birth of revolutionary Vietnamese physical education and sports.

Subsequently, on March 27, 1946, he signed Decree No. 38 to establish the Department of Youth and Physical Education under the Ministry of National Education, comprised of the Youth Division and the Central Physical Education Division.

##### 2.1.2 Core Ideology of the Leader

On the same day of signing Decree No. 38 (March 27, 1946), President Ho Chi Minh wrote the "Appeal for All People to Practice Physical Exercise" published in the *Cuu Quoc* (National Salvation) newspaper. This