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Solution 3: Administrative Management and Infrastructure Security

• Enhance the synchronization and operational connection among the Department of Physical Education, the University Board of Management, functional departments, and youth unions to establish a robust framework for mass sports movements.

3. Conclusion

Physical education constitutes an fundamentally important pillar within the framework of the new national educational curriculum, demanding a highly synchronized, active, and comprehensive execution across all institutional levels. Amidst the accelerating demands of national industrialization, modernization, and global integration, the core missions of constructing human capacity, fostering ethical virtues, and refining individual personality require the school-based physical education task to become increasingly practical, innovative, and highly effective.

Consequently, the modernization of physical training must be institutionalized, intensified, and structurally driven right from the foundational level of teacher training and higher education institutions.

The systematic solutions and pedagogical measures proposed in this paper are directly derived from a thorough, realistic assessment of the specific current conditions at the Hanoi University of Mining and Geology. However, to translate these academic proposals into enduring structural successes, it urgently requires the collaborative contribution, intellectual exchange, and shared operational experience of various universities and educational training centers nationwide. Most importantly, the sector looks forward to receiving profound attention, strategic orientation, and robust financial and infrastructural investments from relevant governing ministries, state sectors, and authorized departments to successfully meet the historical demands of fundamental educational reformation.

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SELECT SOME SUPPLEMENTARY EXERCISES TO INCREASE THE EFFICIENCY OF HIGH-HAND SERVICE TECHNIQUE FOR K70 STUDENTS OF THE UNIVERSITY OF MINING AND GEOLOGY**Abstract**

By using routine sports science research methods, the author has selected and implemented a system of specialized supplementary exercises to correct common structural errors and increase the efficiency of the overhand face-forward serving technique for K70 students at the University of Mining and Geology. The pedagogical application results indicate that the proposed framework effectively assisted students in